



WholeBrain® InnerTalk®

UNLEASHING THE SUBCONSCIOUS POWER WITHIN



SUBLIMINAL MIND TOOLS for:

- Creativity
- Accelerated Learning
- Parenting
- Success
- Business
- Sports Performance
- Ending Habits & Addictions
- Weight Loss
- Body Image
- Spirituality
- Inner Peace
- Positive Relationships and much more!

Personal Coach Programs That Make Positive Change In Your Life!

Created in 1984 by Dr. Eldon Taylor (US), his scientifically proven InnerTalk® has benefited millions of people daily.

Powerful, Patented & Proven Effective!

Your mind is incredible. Science has discovered many of the hard wired connections that appear to give the brain/mind power so much control over the body (health, wellness, longevity, youthfulness) & our destinies in terms of success, learning, wealth & prosperity. Many scientific researches have shown it is mainly the subconscious & not the conscious which controls a person.

Since it is the subconscious which programs a person, the negative information stored in the subconscious part of the brain has to be changed in order to change the current self limiting behavior. But you can't just tell your subconscious to think differently and expect life changing results. You must find a way to counteract those negative subconscious thoughts and introduce new positive thoughts for your subconscious to use in the reprogramming.

How does the program work?

InnerTalk® patented program is able to introduce positive self talks or messages to the subconscious, thereby changing one's self defeating beliefs from the inside out.

Each InnerTalk® program features pleasant, easy-listening music or nature sounds that are specially mixed with positive background affirmations on the chosen self-help topic. InnerTalk® audio programs are extremely easy to use. They are played in the background on any regular stereo CD player while the user is working, driving, relaxing, reading, playing sports, even sleeping or watching TV.

On the surface, the programs sound like any music or nature CDs. However, there is a powerful difference. Carefully blended in the background are dynamic affirmations or statements like "I feel good", "I am successful", etc that make long-lasting positive impressions.

While the conscious mind enjoys the pleasant music or nature sounds, the subconscious mind recognizes and receives the powerful, life-changing affirmations.

Results can often be noticed in a few days to a few weeks. InnerTalk® has 105 claims on its original patents, backed by independent researches. **InnerTalk® programs are suitable for use for all ages.**

Double Blind Tests (Samples of clinical tests)

- A double-blind study conducted by Prof. Peter Kruse at Bremen University in Germany, using a specially created WholeBrain® InnerTalk® program, strongly demonstrated the influence of the program on decision-making. Kruse said, "The Taylor Method" works!
- A double-blind study was carried out at Weber State University on the effects of the WholeBrain® InnerTalk® program, "Freedom From Stress". The psychological test results showed a significant decrease in stress.
- Thomas Plante, faculty member of Stanford University and Director of the Mental Health Services for the Children's Health Council, together with Michael DiGregorio, Gerdenio Manuel and Bao-Tran T. Doan of Santa Clara University, evaluated the effect of Dr. Taylor's WholeBrain® InnerTalk® programs on test anxiety in a double-blind experiment. The statistical data significantly supported the hypothesis that Dr. Taylor's subliminal technology could be an effective tool in lowering test anxiety.

- Kim Roche of Phoenix University studied the effect of Dr. Taylor's WholeBrain® InnerTalk® programs with children diagnosed as having Attention Deficit Hyperactive Disorder in a double-blind experiment. Her findings indicated a significant positive effect.
- A study carried out by Prof. Pelka of Munich University in Germany on a WholeBrain® InnerTalk® programs for weight loss, showed average weight losses of 13 pounds in subjects who used the program without following any other kind of diet or exercise regimen.
- In a double-blind study at the Utah State Prison, which was performed by McCusker, Liston and Taylor, the WholeBrain® InnerTalk® technology was deemed effective in altering self-esteem among inmates. As a result, the Utah State Prison installed and maintains a voluntary tape library for inmates.

Real Life Proven (More than 30,000 testimonials worldwide!)

"As a qualified psychotherapist, Master Practitioner in Neurolinguistic Programming (NLP) and stress consultant, I have been using hypnotherapy in both my own practice and my work with occupational health specialists, the PTH Group Ltd, working alongside consultants, doctors, nurses and fellow complementary therapists at PTH's new purpose built therapy centre, 'Water-side' near Bromsgrove, Worcestershire. I see clients with conditions ranging from post-traumatic stress to chronic pain. For many of my clients I have found that Dr. Taylor's WholeBrain® InnerTalk® programs provide invaluable support following treatment or between therapy sessions. The results have been astounding."

Hilary Barrington-Mitchell, C.M.H. C.Hyp. MPNLP L.C. Stockwood, Worcestershire, U.K. Tel: 01386 792824

"I am a herbalist and a naturopath and I use Dr. Taylor's WholeBrain® InnerTalk® programs in my clinic. It always makes me smile after a consultation when a client leaves saying that just seeing and being with me made them feel so much better. I am sure that the majority of this is attributed to the fact that I have the program 'Accelerated Healing and Wellbeing' playing. As well as improving their state of mind it also boosts my health and gives me balance and focus and makes me be ready for my patients."

Elizabeth Peyton-Jones BA Hons, ND, Dip. Herb London Tel: 0207 5894284

"I am so grateful to Dr. Taylor's WholeBrain® InnerTalk® program for providing the missing link in my life of self-improvement! So many of us have an underlying self-destruction mechanism, don't we? For me it was procrastination, the inability to finish anything. Well, yesterday I just finished my 400 page book! Both myself and my customers are having an amazing time with your programs, and I thank you from the bottom of my heart for doing the work you are doing."

Shazzie, Rawcreation Ltd., Author of "Detox Your World."

"We can see the kids are benefiting from INNERTALK® - Accelerated Learning and Study CD. The tempo of the music is like orchestra that flows with feelings. The kids are earnestly doing their work and are more self-motivated to learn. Amazingly, myself has started to pick up books to read while waiting for them in between classes too!"

Kevin and Joan, Singapore

Dr. Eldon Taylor, the Creator of InnerTalk®



Dr. Eldon Taylor, credited with distinctions in five doctorates has been honored by many organizations for his work. He has appeared in over a dozen Who's Who publications, including:

- Who's Who of Intellectuals
- Who's Who in Medicine and Healthcare
- Who's Who in Science and Engineering
- Who's Who Among Human Service Professionals

International Peace Prize

Dr. Eldon Taylor was awarded the coveted International Peace Prize (2005) by United Cultural Convention, recommended by UNESCO. This is in recognition of his effort in teaching Self-Responsibility.

For more information kindly logon to:
<http://www.innertalk.com/eldon/index.html>





Background subconscious self-belief enhancement. Personal coaching for positive self talk. InnerTalk® Play in the background at least 1 hour per day.

LEARNING

- CD122 Genius Power
- CD124 Using Both Halves of the Brain
- CD150 Accelerated Learning & Study
- CD151 Excel in Exams
- CD152 Powerful Memory
- CD162 Concentration
- CD169 Word Power: Spelling & Vocabulary
- CD178 I Am A Great Reader
- CD181 Mathematics is Easy
- CD196 Infinitely Creative
- CD221 Creative Writing
- CD258 Dyslexia
- CD295 Peak Performance in Performing Arts
- CD311 Especially for Musicians

CHILDREN, PARENTING & PREGNANCY

- CD106 Respect and Good Manners
- CD127 Especially for Young Children
- CD135 School Is FUNdamental
- CD163 Positive Interactions for Young People
- CD164 A.D.H.D. (Attention Deficit Hyperactive Disorder)
- CD167 Positive Parenting
- CD180 I Can: Building a Child's Esteem
- CD185 Successful children
- CD186 Stress in School
- CD187 Comfortable Pregnancy
- CD188 Wonder of Childbirth
- CD190 Just for Newborns
- CD210 Joy of School
- CD222 Freedom from Bedwetting
- CD278 Maternal Depression
- CD318 End Picky Eating
- CD1341 Special Bedtime Stories for Children!

EXCELLENCE IN SPORTS

- CD172 Winning Sports Performance
- CD212 Body Building
- CD236 Bowling
- CD237 Martial Arts
- CD238 Running
- CD239 Football
- CD240 Tennis
- CD241 Soccer
- CD243 Baseball
- CD244 Basketball
- CD245 Golf
- CD246 Karate
- CD247 Judo
- CD248 Walking for Health

SPIRITUALITY

- CD101 Miracle Mindedness
- CD103 Synchronicity
- CD121 Awakened Dreaming ~ The Lucid Dream Experience
- CD128 Contact Meditation
- CD131 Conscious Connectedness
- CD133 Using Dreams for Problem Solving
- CD158 Awakening & Using the Force
- CD176 Exploring Remote Viewing
- CD198 Spiritual Healing
- CD200 The Healing Dream: Asclepiad Experience (Available in MU only)
- CD201 Conscious Expansion
- CD202 Centering
- CD203 Awakening
- CD204 Connecting with the Force
- CD205 Metaphysical Oneness
- CD206 Love, Light & Life
- CD231 Opening Up To A Higher Power
- CD250 Increasing Spiritual Awareness
- CD263 Power of the Spirit
- CD264 Viewing Auras
- CD268 The "I Am" Presence
- CD269 Expecting A Miracle
- CD271 Yoga Meditation
- CD272 Energy Meditation - Opening & Balancing Chakras
- CD280 Living In Now

SUCCESS

- CD111 Ending Self Destructive Patterns
- CD119 Strategic Planning & Peak Performance
- CD120 Ultra Success Power: Health, Wealth & the Fountain of Youth
- CD130 Manifesting your Vision
- CD132 Ultra Enthusiasm
- CD134 Building Your Personal Icon: Find Your Path In Life
- CD136 Communicator
- CD146 Millionaire Orbit
- CD149 Self Disciplined and Determined
- CD156 Powerful Salesperson
- CD165 Telephone Sales
- CD166 Successful Career in Real Estate
- CD182 End Procrastination
- CD183 Self Confidence
- CD184 Networking for Sales
- CD207 Leadership
- CD208 Unlimited Personal Power
- CD213 Visualisation
- CD220 Money Management
- CD224 Organised & Efficient
- CD227 Time Management
- CD228 Assertive
- CD257 Success & Prosperity
- CD266 Intuition
- CD281 Goal Power
- CD284 Joy of Work
- CD285 Ending Burnout
- CD287 Ultra Prosperity
- CD288 Eliminating Performance Anxiety
- CD298 Leadership for Young People
- CD307 My Best with Pride
- CD308 The Power of Practice

BETTER LIFE

- CD102 Serenity
- CD104 Positive Care Giver
- CD105 Developing Compassion
- CD110 Up from Depression
- CD114 Safe Driving (Available in MU only)
- CD115 Freedom from Technophobia
- CD116 Freedom from Television
- CD117 Accepting Constructive Criticism
- CD123 Freedom from Stress
- CD125 Soaring Self-Esteem
- CD129 Coherent Emotion
- CD137 Freedom from Fears
- CD140 Healing the Past
- CD144 Releasing Anger
- CD145 End Stuttering
- CD153 Relaxation
- CD170 Releasing Fears, Doubts of Hopelessness & Helplessness
- CD177 Positive Mental Attitude
- CD179 Neat & Tidy
- CD197 Courage
- CD214 Ending Bad Dreams
- CD217 Guilt Free
- CD219 Have It All
- CD223 Optimism Plus
- CD225 Patience
- CD226 Joy of Humor
- CD229 Energetic
- CD230 Sleep Reduction
- CD232 Accepting Change
- CD235 Joyous Day
- CD252 Loss of a Loved One
- CD270 Ahimsa (Respect for Life)
- CD274 Be Alert - Stay Safe
- CD277 Healing from Grief & Trauma
- CD283 Survivors of Abuse
- CD300 Healing from Invalidation
- CD309 Gratitude Attitude
- CD310 I Am Lucky
- CD314 Ecology Awareness

HABITS & ADDICTIONS

- CD109 Stop Smoking
- CD141 Freedom from Substance Abuse
- CD191 Impulse Control
- CD192 Freedom from Nail Biting
- CD193 Freedom from Alcohol
- CD218 Rescripting the Child Within
- CD276 Freedom from Gambling
- CD293 Freedom from Thumb Sucking
- CD294 Freedom from Snoring
- CD296 Freedom from Bruxism
- CD297 End Video Game Addiction
- CD301 Chewing Tobacco
- CD302 Free of Profanity

HEALTH & WELLNESS

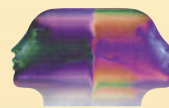
- CD118 Freedom from Back Pain
- CD126 Accelerated Healing & Well Being
- CD142 Freedom from Headaches
- CD143 Natural Pain Relief
- CD154 Lowered Blood Pressure
- CD155 Sleep Soundly
- CD157 Powerful Immune System
- CD160 Freedom from Allergies
- CD168 Freedom from Arthritis
- CD173 Freedom from Junk Food
- CD194 Clear Skin
- CD216 Pre & Post Operative
- CD249 Living Healthily through Menopause
- CD253 Freedom from Sugar
- CD254 Vision
- CD255 Hair Loss
- CD256 Posture
- CD259 Fertility
- CD275 PMS
- CD282 Freedom from Dental Anxiety
- CD290 Freedom from Post War Syndrome
- CD303 Healthy Teeth and Gums
- CD306 Cardiac Care & Stroke Recovery
- CD5500 Cancer Remission

BODY IMAGE

- CD107 Weight Loss Now
- CD108 Using Metabolism to Melt Fat Away
- CD148 Joy of Exercise and Being Fit
- CD159 I Love My Body
- CD161 Quantum Younging
- CD174 Firm Body
- CD199 Natural Breast Enlargement
- CD234 Weight & Muscle Gain
- CD289 Forever Thin, Fit and Healthy

RELATIONSHIPS

- CD112 Enhancing Romance, Intimacy & Love
- CD138 Releasing the Fear of Rejection
- CD139 Confidence with the Opposite Sex
- CD147 Forgiving & Letting Go
- CD171 Overcoming Shyness
- CD175 I Am Charismatic
- CD189 Positive Relationships
- CD195 Healing & Releasing Emotional Pain
- CD209 Honesty
- CD211 Cooperative
- CD215 Magnetic Personality
- CD233 End Co-Dependency
- CD242 Attracting the Right Love Relationship
- CD251 Freedom from Jealousy
- CD286 Listening
- CD291 Reflective
- CD304 Freedom from Gossip
- CD305 Be Well, Stay Happy



ECHO-TECH™

InnerTalk® plus gentle and supportive audible coaching. Use with headphones, 30 mins - once or twice a day.

- CDE9901 Weight Loss
- CDE9902 Powerful Esteem
- CDE9903 Stop Smoking
- CDE9904 Learn Easily
- CDE9905 Stress Free
- CDE9906 Co-Dependent Patterns
- CDE9908 Have It All
- CDE9909 Ending Self-Destructive Patterns

OZO™

InnerTalk® plus forceful and authoritarian audible coaching. Use with headphones, 30 mins - once or twice a day.

- OZO101 Success
- OZO102 Health and Healing
- OZO103 Soaring Self-Confidence
- OZO104 Optimum Weight Loss
- OZO105 Stop Smoking Now
- OZO106 Experience Inner Peace
- OZO107 Optimum Fitness
- OZO108 Excelling at Sports
- OZO109 Maximum Motivation
- OZO110 Overcoming Addictions
- OZO111 Accelerated Learning
- OZO112 Boundless Joy
- OZO113 End Procrastination

POWER IMAGING™

InnerTalk® plus a guided imagery session. Facilitates discovery of unconscious motives, features self-hypnosis and progressive relaxation. Headphones recommended.

45 mins - once or twice a day.

- CDH8001 Optimal Weight Loss
- CDH8002 Stop Smoking Forever
- CDH8003 Well-Being and Self-Esteem
- CDH8004 Power Learning and Memory
- CDH8005 Free of Anxiety and Stress
- CDH8006 Relax Now
- CDH8007 Creativity is Natural
- CDH8008 Pain Relief and Health Imaging
- CDH8009 Personal Peace
- CDH8010 Sports Hypnosis

PLATINUM PLUS™

InnerTalk® plus sound patterns for advanced meditation. For those seeking the pinnacle of self-help. Use with headphones, 30 mins - once or twice a day.

- CD2001 Bliss: Coherent Emotion
- CD2002 Dream Petitioning (Using Dreams for Answers)
- CD2003 Fountain of Youth (Remembering Youth to be Young)
- CD2004 Emotional High (Feeling Connected to the All)
- CD2005 Building Your Personal Icon: Actualizing Your Talents & Gifts
- CD2006 The Power of Manifesting Your Vision
- CD2007 Living the MLM Dream
- CD2008 On Fire with a Passion for Life
- CD2009 Creativity

VIDEO ENTRAINMENT™



This incredible technology, known as Video Entrainment™, slows down brain wave activity, producing a pleasant altered state of consciousness. Reduced brain activity is positively associated with deep states of relaxation and increased endorphin levels. Frequency signals actually pace brain wave activity for maximum results.

- DVD101 Freedom from Anger and Fear
- DVD102 Freedom from Stress and Anxiety
- DVD103 Accelerated Healing and Pain Relief
- DVD104 Relaxation and Esteem Building
- DVD105 Freedom from Depression
- DVD106 Successful Children/Family Dynamics
- DVD107 Freedom from Dental Anxiety
- DVD108 Pain Relief & Health recovery
- DVD109 Inspirations: The 'I Am' Presence
- DVD110 Ultra Success Conditioning
- DVD111 Cardiac Care & Recovery: A Self Healing Program
- DVD112 Creative Genius
- DVD113 Accelerated Learning and Memory
- DVD114 Freedom from Addictions
- DVD115 Weight Loss
- DVD116 Opening Up Psychic Abilities
- DVD117 Golf Like a Pro
- DVD118 Relaxed: Lower Blood Pressure
- DVD119 Powerful Salesperson
- DVD120 Coherence: Brain/Body Balance
- DVD121 Quantum Younging

How do I choose?

Select related titles to achieve your personal goals in life eg. combine "Weight Loss" with "Self Discipline & Determined"; "Sleep Soundly" with "Freedom from Stress"; "Powerful Salesperson" with "End Procrastination". For even faster results and maximum motivation, combine usage of easy listening InnerTalk® with headphone use only technology / audio visual technology is recommended.